



# CENTENNIAL REGIONAL HIGH SCHOOL

## COURSE OUTLINE

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**Subject:** Mentorship for Change

**Level:** Cycle 2, Secondary 5

### Course Description:

This optional course is designed for Grade 11 students who aspire to develop leadership and mentorship skills while making a positive impact on their school community. Participants will learn the principles of effective leadership, communication, and collaboration through interactive workshops and real-world applications.

As mentors, students will be paired with younger peers from lower grades, providing guidance in academic, social, and personal development. Through these mentorship activities, participants will cultivate empathy, responsibility, and problem-solving skills, preparing them to be role models both in and beyond the school environment.

The course will include practical experiences such as organizing peer support programs, facilitating group activities, and reflecting on their leadership journey. Upon completion, students will gain valuable insights into their potential as leaders and mentors, fostering a sense of achievement and community contribution.

### Subject Specific Competency:

#### Competency 1: Mentorship and Empathy Development 100%

*Students demonstrate the ability to mentor younger students effectively by building trust, showing empathy, and fostering a supportive environment. They practice active listening and develop skills to provide guidance and constructive feedback tailored to individual needs.*

***\*Please note that every student is responsible for ALL classes missed and is required to communicate with their teacher ASAP for any work, information, and notes.***

***\*\*Please refer to the Faculty & Staff Directory at <http://www.crhs.rsb.qc.ca/> for your teacher's email/website address.***

Revised: February 2025