

École secondaire régionale Centennial

Centennial Regional High School

**Directrice
Principal
Mme Sophie Compagna B.Ed.**

**Adjointe Administrative
Administrative Assistant
Ms. M. Sealey**



**Directeurs adjoints
Vice-Principals
Ms. Amber Coones, B.A., B.Ed.
Mme Marie-Jade Roy B.Ed.**

Dear Parents/Guardians of secondary 1 and 2 students,

As you are already aware, the government of Québec has banned cell phones in the classroom as of January 2024. Our school has reviewed extensive research indicating that screen time during school hours can negatively impact children's academic performance and behavior. While we have enforced this new policy to the best of our ability, we believe that additional measures are necessary to ensure its effectiveness.

After careful consideration by our staff and Governing Board, we have decided to introduce the Yondr pouches for middle school students starting in the 2024-2025 school year. This means that at the beginning of first period, all middle school students will be required to place their cell phones, earbuds, and smartwatches into designated pouches provided by Yondr. These pouches will be sealed for the duration of the school day and unlocked at the end of the day. This initiative aims to minimize distractions and enhance the learning environment for our students.

We acknowledge that this policy will require a period of adjustment and learning for everyone involved. However, we are confident that enforcing a strict no-device policy will yield significant benefits for your child's academic performance. Additionally, it will reduce the risk of online bullying, minimize distractions, and potentially enhance students' social interactions. This decision was made after extensive consideration and is supported by research-based findings.

Thank you for your understanding and cooperation as we implement those new guidelines. We are committed to working closely with parents and guardians throughout this transition to address any concerns and ensure a smooth transition. Should you have any questions or require further information, please do not hesitate to contact the school administration. We appreciate your continued support and partnership in fostering a positive and distraction-free educational setting for all our students.

Regards,

Administration